

Thank The Universe Technique

We'll begin by tapping the side of the hand and just repeat after me:

“Even though I have no idea how all this prosperity is going to find me, I deeply and completely love and accept myself and I just thank the Universe that it will come to me in the most perfect way. Even though I just can't figure out how this new prosperity can come to me, I deeply and completely love and accept who I am and I choose to just allow. Even though I have no idea where this prosperity will come from or how it will get to me I deeply and completely love and accept myself anyway and I thank the Universe for delivering it to me anyway.”

Top of the head- I have no idea where this prosperity will come from

Eyebrow- I can't figure it out

Side of the eye- As far as I can tell, I'm wanting something impossible

Under the eye- Because I can't see how this will come to me

Under the nose- But I choose to relax and allow anyway

Chin- I don't need to know the hows and the whys of this

Collar bone- I simply have faith

Under the arm- That my prayers will be answered

Top of the head- And I give thanks right now

Eyebrow- That the Universe is responding to me

Side of the eye- I thank the Universe for my new-found prosperity

Under the eye- I thank the Universe for delivering what I want and need

Under the nose- Even though I can't see how it can happen

Chin- I know there is more to this world than what I am aware of

Collar bone- So I simply relax and allow

Under the arm- And just give thanks

Take a deep breath